

# Job Aid for NET-EN Reinjection

**Step 1.** Ask the client if she still wants to prevent pregnancy. Then ask if she wants to get another injection.

**Step 2.** Check your records to see when you last gave her an injection.

**Step 3.** If today is her scheduled return date, go to Step 4. If she is early or late for her injection, look at a calendar to find out if she is within the reinjection window.

- Instructions to find out whether a client is within the reinjection window are in Box 1 on page 2 of this job aid.

**Step 4.** Explain that women with certain serious medical problems should not get the injection. Ask her whether a doctor or nurse has told her she has a medical problem.

- If she has a medical problem, go to Box 3 on page 2.
- If she has not been told she has a medical problem, go to Step 5.

**Step 5.** Give her the injection.

- Follow the steps for safe injection you learned in training.

**Step 6.** Talk to her about side effects.

- Remind her that most changes to bleeding are normal and not harmful. Talk to her about what to do if she has questions or does not feel well.
- Refer her to the health center for care of side effects that are a problem for her.

**Step 7.** Look at the calendar to plan the date for her next injection. This will be 8 weeks from today. Remind her of the importance of coming back on time, and discuss how she will remember.

- Remind her that she can talk with you, a doctor, or a nurse if she has any questions or problems.
- Tell her that if she is ever more than 2 weeks late for an injection, she should use condoms or not have sex until she gets another injection.

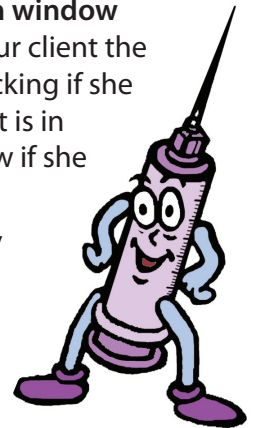
**Step 8.** Remind her that the injection will not protect her from HIV or other STIs.

- Tell her to use a condom in addition to the injection if she is at risk.

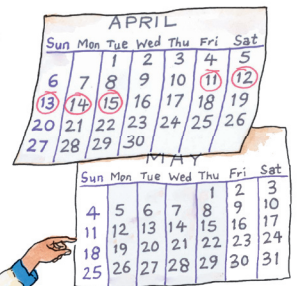
During the **reinjection window** you can safely give your client the injection without checking if she is pregnant. Your client is in the reinjection window if she returns up to:

14 days (2 weeks) early  
or  
14 days (2 weeks) late

(See Box 1 on page 2.)



I wonder if my client has returned after the reinjection window...



What if she is **not** within the reinjection window?

You will need to ask her questions to make sure she is not pregnant before you can give her the injection.

(See instructions in Box 2 on page 2.)

## BOX 1

### How can I tell if a client is within the reinjection window?

A client is within the reinjection window – and can get another injection – if she is up to 14 days (2 weeks) early or up to 14 days (2 weeks) past her scheduled return date. If she is up to 2 weeks late, you do not need to check if she is pregnant before giving her another injection.

- If she is within the reinjection window, go to Step 4 on side 1.
- If she is past the reinjection window, follow the steps in Box 2 below.

## BOX 2

### What if a woman wants another injection but she is more than 2 weeks late?

If a client is more than 2 weeks late for her scheduled reinjection, she can still get another injection today if you can make sure that she is not pregnant, by following the steps below.

**FIRST**, look at a calendar and find her scheduled reinjection date. Count forward 2 weeks to find the last day of her reinjection window. Show her this date on the calendar and tell her to keep it in mind when you ask the 4 questions below.

**NEXT**, make sure she is not pregnant by asking these 4 questions:

- Have you had no sex since the last day of your reinjection window?
- Have you been using condoms or another method every time you had sex since the end of your reinjection window?
- Did you have a baby less than 6 months ago, are you fully or nearly fully breastfeeding, and have you had no period since then?
- Have you used emergency contraceptive pills after every sex act since the end of your reinjection window?

If the client answers **YES** to **ONE OR MORE** of these questions, she is probably not pregnant, and you can give her an injection. When you give her the injection, tell her to have no sex or use condoms for 7 days. After 7 days, the injection will keep her from getting pregnant. Go to Step 4 on side 1 of this job aid.

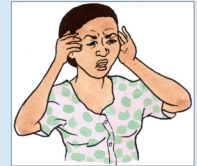
If the client answers **NO** to **ALL FOUR** questions, tell her to see a doctor or nurse or use a pregnancy test to make sure she is not pregnant before she gets another injection.

## BOX 3

### How can I tell if a client has a medical problem that makes it unsafe for her to get the injection?

Ask her whether a doctor or nurse has told her she has one of these medical problems:

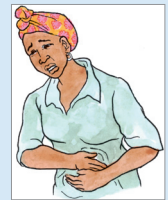
- migraine headaches (that began or got worse since getting the injection)



- heart attack or stroke
- serious liver condition



- high blood pressure
- breast cancer
- lupus



- If your client does not know if she has these problems (or has not heard a doctor or nurse use these words), most likely she does not have these problems. You can give her the injection. Go to Step 5 on side 1 of this job aid.
- If she has one of these problems, do not give the injection. Instead, give her condoms and refer her to the health center to choose another family planning method.

Source: World Health Organization/Department of Reproductive Health and Research (WHO), Johns Hopkins Bloomberg School of Public Health/Center for Communication Programs/INFO Project (CCP). *Family Planning: A Global Handbook for Providers*. Baltimore, MD and Geneva: CCP and WHO, 2008 update.